

THE ARCTIC

AN OCEAN SURROUNDED BY CONTINENTS

VS. ANTARCTICA

A CONTINENT SURROUNDED BY OCEANS



North Pole



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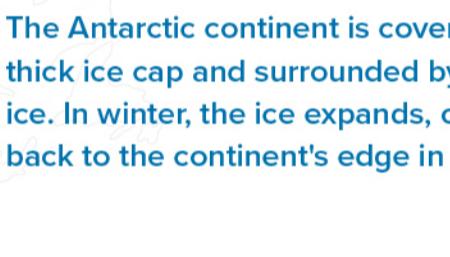
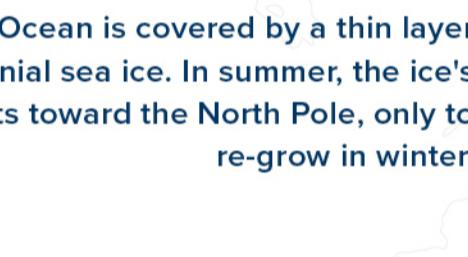


South Pole



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SEA ICE



The Arctic Ocean is covered by a thin layer of perennial sea ice. In summer, the ice's edge retreats toward the North Pole, only to re-grow in winter.

The Antarctic continent is covered by a very thick ice cap and surrounded by a rim of sea ice. In winter, the ice expands, only to melt back to the continent's edge in summer.

TEMPERATURES

COLDEST:

-93.9°F, recorded Dec. 1991



COLDEST:

-128.6°F, recorded July 1983

HOTTEST:

100.4°F, recorded June 2020



HOTTEST:

64.9°F, recorded Feb. 2020

SUMMER AVERAGE:

25°F to 44°F

SUMMER AVERAGE:

24°F to 40°F

POLAR BEARS, PENGUINS & MORE

LOOK FORWARD TO INCREDIBLE WILDLIFE SIGHTINGS IN BOTH REGIONS

Many terrestrial mammals thrive here.



Clockwise from top left: Polar bears, Pacific walrus, arctic fox, reindeer, the elusive narwhal.

No terrestrial mammals live here.



Clockwise from top left: Blue whale, Antarctic prion, Adélie penguins, killer whales, leopard seal.

PEOPLE & POPULATION



More than 4 million people call the Arctic home, including a diverse mix of indigenous cultures and communities.



There are no indigenous inhabitants in Antarctica, just the many permanent research stations on the continent.